Summary of Benefits and Coverage: What this Plan Covers & What it Costs Cove

Coverage for: Active Participants Plan Type: PPO



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at <u>www.pipetradesbenefits.org</u> or by calling 1-877-811-4474.

Important Questions	Answers	Why this Matters:	
What is the overall <u>deductible</u> ?	\$100.00 Annually for In- Network Services	Maximum of two deductibles per family, per year. In-Network deductible does not cour towards Out-of-Network deductible.	
Are there other <u>deductibles</u> for specific services?	\$200.00 Annually for Out-of- Network Services	Out-of-Network deductible counts toward the In-Network deductible.	
Is there an <u>out-of-</u> <u>pocket limit</u> on my expenses?	Yes. \$5,000 for In-Network services only.	The out-of-pocket limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.	
What is not included in the <u>out-of-pocket</u> <u>limit</u> ?	Charges incurred Out-of- Network will not be included in the out-of-pocket limit.	There's no limit on how much you could pay during a coverage period for your share of the cost of out-of-network covered services.	
Is there an overall annual limit on what the plan pays?	No	There is no annual maximum on Essential Benefits.	
Does this plan use a <u>network</u> of <u>providers</u> ?	Yes. For a list of preferred providers, see <u>www.blueshieldca.com</u> or call 1-877-811-4474	If you use an in-network doctor or other health care provider , this plan will pay some or of the costs of covered services. Be aware, your in-network doctor or hospital may use ar out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how thi plan pays different kinds of providers .	
Do I need a referral to see a <u>specialist</u> ?	No	You can see the specialist you choose without permission from this plan.	
Are there services this plan doesn't cover?	Yes	Some of the services this Plan doesn't cover are listed on page 6. See your policy or plan document for additional information about excluded services .	

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- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use Blue Shield of California **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	10% of Contract	30% of UCR	No limitations, no exceptions
	Specialist visit	10% of Contract	30% of UCR	No limitations, no exceptions
If you visit a health	Other practitioner office visit	10% of Contract	30% of UCR	No limitations, no exceptions
care <u>provider's</u> office or clinic	Preventive care/screening/immunization	10% of Contract	30% of UCR	Well Baby Care from birth to 2 nd birthday. Routine Exam: One exam per year 2- 19 and over 65. One exam every two years ages 20-64.
If you have a test	Diagnostic test (x-ray, blood work)	10% of Contract	30% of UCR	No limitations, no exceptions
If you have a test	Imaging (CT/PET scans, MRIs)	10% of Contract	30% of UCR	No limitations, no exceptions
If you need drugs to	Generic drugs	20% of Cost	Not applicable	No limitations, no exceptions
treat your illness or	Preferred brand drugs	30% of Cost	Not applicable	No limitations, no exceptions
condition	Non-preferred brand drugs	50% of Cost	Not applicable	No limitations, no exceptions

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Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
More information about <u>prescription</u> <u>drug coverage</u> is available at www.pipetradesbenefit s.org.	Specialty drugs	10% of contract rate, after deductible	Not covered	Specialty Drugs costing more than \$500 must be obtained through the PBM Specialty Pharmacy. Not covered unless Pre-Certified.
If you have	Facility fee (e.g., ambulatory surgery center)	10% of Contract	30% of UCR	No limitations, no exceptions.
outpatient surgery	Physician/surgeon fees	10% of Contract	30% of UCR	No limitations, no exceptions.
If you need	Emergency room services	10% of Contract	30% of UCR	No limitations, no exceptions.
immediate medical	Emergency medical transportation	10% of Contract	30% of UCR	No limitations, no exceptions.
attention	Urgent care	10% of Contract	30% of UCR	No limitations, no exceptions.
If you have a	Facility fee (e.g., hospital room)	10% of Contract	30% of UCR	All inpatient non-emergency hospital stays must be pre-certified.
hospital stay	Physician/surgeon fee	10% of Contract	30% of UCR	All inpatient non-emergency hospital stays must be pre-certified.
	Mental/Behavioral health outpatient services	10% of Contract	30% of UCR	No limitations, no exceptions.
If you have mental	Mental/Behavioral health inpatient services	10% of Contract	30% of UCR	Not covered unless pre-certified.
health, behavioral health, or substance	Substance use disorder outpatient services	10% of Contract	30% of UCR	No limitations, no exceptions. Plans EAP: (800) 378-1109
abuse needs	Substance use disorder inpatient services	10% of Contract	30% of UCR	No limitations, no exceptions. Plans EAP: (800) 378-1109
If you are presented	Prenatal and postnatal care	10% of Contract	30% of UCR	No limitations, no exceptions.
If you are pregnant	Delivery and all inpatient services	10% of Contract	30% of UCR	No limitations, no exceptions.

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Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
	Home health care	10% of Contract	30% of UCR	No coverage for Non-preferred home health care unless Pre-Certified. 100 Visit Maximum Per Year, must be within 14 days of hospital discharge.
	Rehabilitation services	10% of Contract	30% of UCR	No limitation, no exceptions for physical therapy and acupuncture combined.
If you need help recovering or have	Habilitation services	10% of Contract	30% of UCR	No limitation, no exceptions for physical therapy and acupuncture combined.
other special health needs	Skilled nursing care	10% of Contract	30% of UCR	No coverage for Non-preferred home health care unless Pre-Certified. 100 Visit Maximum Per Year, must be within 14 days of hospital discharge.
	Durable medical equipment	10% of Contract	30% of UCR	Durable Medical Equipment, not covered unless Pre-Certified by the Plan.
	Hospice service	10% of Contract	30% of UCR	Not covered unless Pre-Certified by the Plan.
	Eye exam	No Charge	\$40 allowance	Once every 12 months.
If your child needs	Glasses	No Charge for standard frames and lenses	Allowance varies based on lens type and \$40 allowance for frames	Once every 24 months
dental or eye care	Dental check-up	\$50 deductible, 3 per family. 10% of contract amount.	\$50 deductible, 3 per family. 30% of UCR	 \$0 calendar year dental maximum for children under the age of 18. \$3,000 calendar year maximum. \$5,000 lifetime maximum for Orthodontics.

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Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)					
• Bariatric Surgery – unless Pre-Certified by the Plan.	Cosmetic Surgery	Infertility Treatment			
Weight Loss Programs	Weight Loss Programs Dependent pregnancy				
Other Covered Services (This isn't a comple	te list. Check your policy or plan document for	other covered services and your costs for these			
 Other Covered Services (This isn't a comple services.) Acupuncture 	 te list. Check your policy or plan document for Hearing Aids 	 other covered services and your costs for these Private-duty nursing 			
services.)					

Timely Filing Limits

Claims will not be paid if they are submitted more than 12 months after the expense was incurred, except in the absence of legal capacity.

Your Rights to Continue Coverage:

If you lose coverage under the Plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the Plan. Other limitations on your rights to continue coverage must also apply.

For more information on your rights to continue coverage, contact the Plan at (916) 457-0821. You may also contact your state insurance department, the U. S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <u>www.dol.gov/ebsa</u>, or the U. S. Department of Health and Human Services at 1-877-267-2323 x616565 or <u>www.cciio.cms.gov</u>.

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Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: U. A. Local 447 Pipe Trades Trust Fund at (916) 457-0821 or the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>.

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." This plan or policy does <u>provide</u> minimum essential coverage.

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage does <u>meet</u> the minimum value standard for the benefits it provides.

Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al (877) 811-4475.]

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa (877) 811-4474.]

[Chinese (中文): 如果需要中文的帮助,请拨打这个号码 (877) 811-4474.]

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' (877) 811-4474.]

-To see examples of how this plan might cover costs for a sample medical situation, see the next page.-

Coverage Examples

Coverage for: Active Participants | Plan Type: PPO

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having	a b	aby
(normal o	leliv	ery)

- Amount owed to providers: \$7,540
- **Plan pays** \$6940
- Patient pays \$ 600

Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

Patient pays:

Deductibles	\$100
Copays	\$0
Coinsurance	\$500
Limits or exclusions	\$0
Total	\$600

Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- **Plan pays** \$4800
- Patient pays \$ 600

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$100
Copays	\$0
Coinsurance	\$500
Limits or exclusions	\$0
Total	\$600

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Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S.
 Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

No. Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

✓ Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

 ✓ Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-ofpocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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